

ROBERT HUGHES, JR.ADDRESS:Office:

Department of Human and Community Development.
 University of Illinois at Urbana-Champaign
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 Urbana, IL 61801 email: hughesro@uiuc.edu

EDUCATION:

1980 Ph.D. Educational/ Developmental Psychology
 The University of Texas at Austin

1977 M.A. Educational/ Developmental Psychology
 The University of Texas at Austin

1974 B.A. Psychology
 Texas Tech University

POSITIONS HELD:

2003- Professor & Department Head,
 Department of Human and Community Development
 University of Illinois at Urbana-Champaign

1999-2002 Associate Dean, Outreach & Extension,
 Professor, Human Development & Family Studies,
 University of Missouri-Columbia

1994-1999 Associate Professor and Extension Specialist,
 Human Development & Family Science,
 The Ohio State University

1992-1994 Chair, Prevention (Youth-at-risk) Team,
 Illinois CES, University of Illinois at Urbana-Champaign.

1988-1994 Associate Professor and Extension Specialist,
 Division of Human Development and Family Studies,
 University of Illinois at Urbana-Champaign.

1990-1991 Visiting Fellow, Center for Urban
 Education Research & Development,
 University of Illinois at Chicago.

1982-1988 Assistant Professor and Extension Specialist,
 Division of Human Development and Family Studies
 University of Illinois at Urbana-Champaign.

1980-1982 Assistant Director, Research in Teacher Education
 1977-1980 Research Associate, Coping and Adaptation Project
 Research & Development Center for Teacher Ed
 The University of Texas at Austin.

RESIDENT TEACHING:

Program Development and Evaluation, Graduate Course, Winter, 1997; 1998, The Ohio State University.

Introduction to the Family, Undergraduate Course, Spring, 1992; 1993, University of Illinois at Urbana-Champaign.

Issues with Children-at-risk. Interdisciplinary Graduate Seminar with Education, Human Development, & Psychology, Spring, 1991, University of Illinois at Urbana-Champaign.

SCHOLARLY ACTIVITIES:

a. Publications

Hughes, R., Jr. Tingle, B., & Sawin, D.B. (1981). Development of children's empathic understanding. Child Development, 52, 122-128.

Durio, H.F., & Hughes, R., Jr. (1982). Understanding parents so that they can understand themselves and their children. In S. Hill & B.J. Barnes (Eds.), Young children and their families. Lexington, MA: D.C. Heath & Co.

Hughes, R., Jr. & Durio, H.F. (1983). Patterns of childcare information seeking by families. Family Relations, 32, 203-212.

Hughes, R., Jr. (1985). Cooperative Extension and support systems: A new look at an old idea. In R. Williams and others (Eds.), Family strengths (Vol. 6; pp. 261-275). Lincoln, NB: University of Nebraska Press.

Hughes, R., Jr. (1985). The informal help-giving of home and center childcare providers. Family Relations, 34, 359-366.

Hughes, R., Jr. (1987). Empowering rural families and communities. Family Relations, 36, 396-401.

Hughes, R., Jr. (1988). Burnout among county Extension staff involved in the rural crisis. Human Services in the Rural Environment, 12,(1), 23-28.

Hughes, R., Jr. (1988). Divorce and social support: A review. Journal of Divorce, 11, 123-145.

Hughes, R., Jr. (1992). Intervention programs for divorced families: Empowering or not? Family Science Review, 5, 39-51.

Hughes, R., Jr., Good, E., & Candell, K. (1993). A longitudinal study of the effects of social support on single mothers. Journal of Divorce and Remarriage, 19, 37-56.

Hughes, R., Jr. (1993). Diverse families: Structure, ethnicity, and sexual orientation. In C. Peck (Ed.), Monographs of the American Home Economics Association, (Vol. 1). Alexandria, VA: American Home Economics Assoc.

Collazo, L., Hall, T., Hare, N., Hill, J., Hughes, R., Jr., Pulido, N., Quinones, G., Shorter, M., Smith, A., & Todd, C.M. (1993). Beyond the expert helping model: Empowering paraprofessionals and families at risk. Journal of Extension, 31, 14-16.

Hughes, R., Jr. (1994). A framework for developing family life education programs. Family Relations, 43, 74-80.

Hughes, R., Jr., Clark, C.D., Schaefer-Hernan, P., & Good, E.S. (1994). An evaluation of a newsletter intervention for divorced mothers. Family Relations, 43, 298-304.

Hughes, R., Jr. (1994). The art and science of family life education. (Book review). Family Relations, 43, 352.

Hughes, R., Jr. & Perry-Jenkins, M. (1996). Social class issues in family life education. Family Relations, 45, 175-182.

The Rural & Appalachian Youth & Families Consortium. (1996). Parenting practices and interventions among marginalized families in Appalachia: Building on family strengths. Family Relations, 45, 387-396.

Hughes, Jr., R., & Schroeder, J. D. (1997). A review of family life education programs for stepfamilies. Marriage and Family Review, 26, 281-300.

Todd, C. M., Ebata, A., Hughes, R., Jr. (1998). Encouraging university and community collaboration. In R. Lerner & L. A. Simon (Eds.), University-community collaborations for the twenty-first century : outreach scholarship for youth and families. New York: Garland Publishing.

Hughes, Jr., R., Joo, E., Zentall, S. R., & Ulishney, K. (1999). Access and use of information technology by human service providers. Journal of Technology in Human Services, 16, 1-16.

Hughes, Jr., R., Ebata, A. T., Dollahite, D. (1999). Family life education in the information age. Family Relations, 48, 5-6.

Hughes, R., Jr. (2000). The farm crisis in rural America: Past, present and future. In J. Rappaport & E. Seidman (Eds.), Handbook of Community Psychology. New York: Plenum.

Hughes, Jr., R., & Kirby, J. J. (2000). Strengthening evaluation strategies for divorcing family support services: Perspectives of parent educators, mediators, attorneys, and judges. Family Relations, 49, 53-61.

Hughes, Jr., R. (2001). A process evaluation of a website for family life educators. Family Relations, 50, 164-170.

Hughes, Jr., R. & Hans, J. D. (2001). Computers, the Internet and families: A review of the role of new technology in family life. Journal of Family Issues, 22, 776-790.

Mertensmeyer, C., Matthews, Y., & Hughes, Jr., R. (2002). Capitalizing on "teachable moments" as a valuable parenting education strategy for military families. National Council on Family Relations Report, 47, 14-15.

Hughes, Jr., R. & Hans, J. D. (2004). Effects of the Internet on families. In M. Coleman & L. Ganong (Eds.), Handbook of contemporary families. Thousand Oaks, CA: Sage.

Hughes, Jr., R. & Hans, J. B. (2009). Technology and relationships. In H.T. Reis & S. K. Sprecher (Eds.), *Encyclopedia of human relationships*, Volume 3, pp. 1628-1631. Thousand Oaks, CA: Sage.

2. Information Technology Activities including Web Sites

Hughes, Jr., R. (Editor, 2001-2003). MissouriFamilies. Website and weekly eNewsletter for the general public on health, human development, personal finance and housing.
<http://missourifamilies.org/>

Hughes, R., Jr. (1995-1999). Human Development and Family Life Education Resource Center. Web site for professionals who work with children, youth and families. Includes educational materials, technology resources, and professional development opportunities.

Ebata, A. T., & Hughes, R., Jr. (1998). iCONNECT, web site for youth dealing with stressful life situations.

Hughes, R., Jr., Borden, L., & Weinberg, B. (1996). Integrating Services for Children at-risk in Ohio.

Hughes, R., Jr. (1995). Children and Divorce. E-mail in-service course for county Extension staff.

c. Videotapes and Slides

Hughes, R., Jr. (1986). Beyond the sale. Urbana, IL: University of Illinois Cooperative Extension Service. First Runner-up in Family Stress Category, Annual Film Awards, National Council on Family Relations.

Hughes, R., Jr. (1988). Empowering Single-parent families. Urbana, IL: University of Illinois Cooperative Extension Service.

Hughes, R., Jr., Morgan, K., Matson, S., & Smith-Williams, P. (1991). Where do I turn? Supporting families in rural communities. Durham, NH: University of New Hampshire Cooperative Extension.

Hughes, R., Jr. (1996). Parenting: Paving a safe and healthy road. Urbana, IL: University of Illinois Cooperative Extension Service. First Runner-up, Annual Film Awards, National Council on Family Relations.

d. Extension Publications

Hughes, R., Jr. (1984). Support for families: The social network. North Central Regional Publication, 226.

Hughes, R., Jr. (1984). Family Problem-solving.--Leader's Guide. Urbana, IL: University of Illinois Cooperative Extension Service, CHEP 330, 14pp.

Hughes, R., Jr. (1984) Family Problems-solving. Urbana, IL: University of Illinois Cooperative Extension Service.

Listening, CHEP 325, 7pp.

Talking about Feelings, CHEP 326, 7pp.

Talking about Rules, CHEP 327, 7pp.

Making Decisions, CHEP 328, 7pp.

Family Meetings, CHEP 329, 7pp.

Hughes, R., Jr. & Scherer, J.A. (1986). Parenting on your own: A program for single parents. (Program Handbook). Urbana, IL: University of Illinois Cooperative Extension Service, 108pp.

Hughes, R., Jr. Parenting on your own. (1986). Urbana, IL: University of Illinois Cooperative Extension Service. North Central Regional Publication.

Feeling good about yourself, 8pp.

Turning lonely into alone, 8pp.

Friendship and support, 8pp.

Managing stress, 8pp.

Providing care for your children, 8pp.

Discipline, 8pp.

How divorce affects kids, 8pp.

Sharing parenting responsibilities, 8pp.

Hughes, R., Jr. (1987). Building a personal community: A self-study guide to social support. Urbana, IL: University of Illinois Cooperative Extension Service.

Hughes, R., Jr. (1988). Special Friends: Help for children in single-parent families. Springfield, IL: Illinois Department of Children and Family Services.

Hughes, R., Jr., Morgan, K., Matson, S. (1991). Families in rural communities. In N.W. Temke, P.T. Nelson, & R. Hughes, Jr. (Eds.), Supportive Connections. Durham, NH: University of New Hampshire Cooperative Extension.

Ebata, A. T., & Hughes, R., Jr. (Eds.) (1994). Coming of age in the 90s. Urbana, IL: University of Illinois Cooperative Extension Service.

Hughes, R., Jr. (Ed.) (1994-present). Human Development and Family Life Bulletin, Vol. 1-3, 12 issues. Was the developer of this educational program for professionals. During the three years I have authored 2 feature articles, 7 evaluation updates, and 2 practice wisdom sections.

e. Selected Papers Presented at Professional Meetings

Hughes, R., Jr., Leifeste, G., & Guzman, J. (1982, March). Home-School interactions among migrant families. Paper presented at the annual meetings of the American Educational Research Association, New York.

Hughes, R., Jr. (1983, May). Cooperative Extension and support systems: A new look at an old idea. Paper presented at the annual Building Family Strengths conference, Lincoln, NB.

Hughes, R., Jr. (1985, November). Building social networks: A prevention strategy. Paper presented at the annual meetings of the National Council on Family Relations, Dallas, TX.

Hughes, R., Jr. (1986, September). Parenting on your own: A program for single parents. Paper presented at the first national conference of the Family Resource Coalition, Chicago, IL.

Hughes, R., Jr. (1986, November). Parenting on your own: A program for single parents. Paper

presented at the annual meetings of the National Council on Family Relations, Dearborn, MI.

Nucci, L.P., Hughes, R., Jr., & Dailey, O. (1990, June). The Nation of Tomorrow. Paper presented at the annual meetings of the American Association of Higher Education, Chicago, IL.

Hughes, R., Jr. (1991, April). Family-community-school collaboration: Promises and problems. Symposium presented at the annual meetings of the American Education Research Association, Chicago, IL.

Hughes, Jr., R., Schroeder, J. D. (1995, November). A review of family life education for stepfamilies. Poster presented at the annual meetings of the National Council on Family Relations, Portland, OR.

Hughes, Jr., R. (1995, November). Discussant. Symposium-- Family Research: Lessons from the past, challenges to the future. Symposium presented at the annual meetings of the National Council on Family Relations, Portland, OR.

Ebata, A. T., Hughes, Jr., R., Andrews, D. W., Kirby, J. J., & Arkin, C. F. (1995, November). A Hitchhiker's guide to the human development and family life information superhighway. Invited demonstration at the Extension preconference session at the annual meetings of the National Council on Family Relations, Portland, OR.

Hughes, Jr., R., & Andrews, D. A. (1996, November). Beyond surfing the Net: Guidelines for developing websites. Workshop presented at the annual meetings of the National Council on Family Relations, Kansas City, KS.

Hughes, Jr., R. (1996, November). Discussant. Symposium-- Family Life Education on the World Wide Web. Symposium presented at the annual meetings of the National Council on Family Relations, Kansas City, KS.

Hughes, Jr., R. (1996, October). Using electronic communication strategies to develop community services to families. Workshop presented at the annual meeting of the Ohio Family and Children First Statewide Conference.

Hughes, Jr., R., & Ebata, A. (1997, July). Using information technology to teach children about family life issues. Symposium at the annual meetings of the Extension Electronic Technology Conference, Cleveland, OH.

Hughes, Jr., R. (1997, November). Teaching family life professionals with information technology. Symposium presented at the annual meetings of the National Council on Family Relations, Virginia City, VA.

Hughes, Jr., R. (1996, November). Discussant. Symposium-- Parent Education Models that Work.. Symposium presented at the annual meetings of the National Council on Family Relations, Virginia City, VA.

Hughes, Jr., R. (1996, October). Using electronic communication strategies to develop community services to families. Invited presentation at a statewide meeting of Ohio Family and Children First coordinators.

Hughes, Jr., R., & Todd, C. M. (1998, November) Assessing community in the design of family support for low-income families. Paper presented at the annual meeting of the National Council on Family Relations, Milwaukee, WI.

f. Recent Invited Presentations

Hughes, R., Jr. (1991, April). Strategies for working with youth in high-risk communities. Invited presentation at the annual meetings of the Eastern Building Family Strengths Conference, State College, PA.

Hughes, R., Jr. (1991, April). Single-parent and Divorced Families: Research and programs for successful intervention. Keynote presentation at the annual meetings of the Eastern Building Family Strengths

Hughes, R., Jr. (1994, February). University-community partnerships to address children in urban communities. Invited presentation at the annual meeting of the Minority Urban Education meetings, Chicago, IL.

Hughes, R., Jr. (1998, March). Parent education for diverse families. Invited workshop at the annual in-service program for the University of Missouri Extension Service, Columbia, MO.

Hughes, Jr., R. (1998, November). Family Life Extension: Past, Present and Future. Invited presentation to the Extension Family Life Educator meeting, Milwaukee, WI.

GRANTS RECEIVED:

Durio, H.F., & Hughes, R., Jr. (1980-1981). Grant from the Hogg Foundation for Mental Health. To conduct needs assessment of parents, to develop appropriate parent education strategies, and to deliver parent education programs in cooperation with the Texas PTA, \$43,000.

Durio, H.F., & Hughes, R., Jr. (1980-1981). Grant from the Office of Families, Administration of Children, Youth and Families. To develop a guide to parent education materials to be utilized by parents, \$7,500.

Hughes, R., Jr. (1987-1988). Grant to develop program to promote well-being in children of single-parent families. Illinois Department of Children and Family Service, \$34,000.

Temke, M. Nelson, P., & Hughes, R., Jr. (1988-1989). Grant from the Northeast Regional Center for Rural Development. To develop a model community-bases program for single parent families, \$35,000.

Hughes, R., Jr., & Todd, C. M. (1989-1994). Grant from the Kellogg Foundation to develop a model prevention program for children and families in high-risk communities, \$1 million.

Hughes, R., & Ebata, A. T. (1998). Grant from Fund for Rural America to develop a youth web site related to stressful life experiences, \$30,000.

Mertensmeyer, C., Hughes, Jr., R., Matthews, Y. (2000-2002). Grant from the U.S. Department of Defense to develop military-specific parenting materials (\$550,000).

OUTREACH AND EXTENSION ACTIVITIES:

My primary educational outreach programs have been related to children and families at risk due to stressful life experiences such as family transitions and poverty. I have also contributed to

program development and evaluation and the explored the use of information technology.

Children and Families-at-Risk. A central interest of my work has been understanding the ways in which we can improve the lives of children and families who are living in stressful situations. Much of this work has been especially targeted at children and families who are coping with parental divorce. In this work I have studied the effects of social networks on the well-being of parents in the hopes of understanding how supportive interventions can improve parental psychological well-being that has been shown to be a powerful influence on children's healthy development. Additionally, I have designed interventions directly for children (Special Friends), for parents (Parenting On Your Own), and was involved in the development of a community-wide program for youth, parents and community members (Supportive Connections: Rural Communities and Single-Parent Families).

In addition to this work I have also been interested in children at-risk due to economic hardship. From the first weeks at the University of Illinois I was engaged in providing training and teaching opportunities to many community-based programs related to children and families in poverty. A major effort began in 1989 when Christine Todd and I designed a prevention program for families who live in poverty. The Kellogg Foundation funded project, titled, "The Nation of Tomorrow" sought to address the family, school and health concerns of children living in impoverished communities in Chicago.

Program Development & Evaluation. I have also been interested in developing ideas about effective program development and evaluation. In part, I have explored the use of a variety of teaching methods (newsletters, video tapes, and comic books) to extend the range of ways that reach people and to try to learn how these various strategies work. Another part of my work has been to learn how to develop effective community-university partnerships in high-risk urban communities. I have also worked to advance our understanding of the methodology for developing research-based programs for children and families. In a paper in Family Relations in 1994 I described a model of program development and evaluation that I have been teaching to county Extension staff and graduate students for the past 10 years.

Information Technology. An important new dimension to my outreach work is an effort to develop outreach activities using information technology. In this work I have been involved in developing teaching strategies with technology, training professionals to use technology, and issues of access to information resources (especially by limited resource audiences). I was invited to be co-editor of a special series of articles in Family Relations (1999-2000) titled, Family Life in the Information Age that explored research, teaching and outreach in relation to the use of information technology.

HONORS:

Member of Phi Eta Sigma and Phi Kappa Phi honor societies.
Career Achievement Award, Family Life Extension, NCFR, 1998.

EDITORSHIPS:

Special Feature Editor, Family Life Education in the Information Age, Family Relations, (1999-2000)

Member of editorial board of Family Relations (1987-1992; 1998-)

Ad hoc reviewer for American Journal of Community Psychology, Journal of Family Issues, and Families in Society, Journal of Marriage and the Family.

SERVICE:

NATIONAL SERVICE ACTIVITIES:

Member, Executive Committee, Board on Human Sciences, 2000-2003
Member, Governmental Affairs, Board on Human Sciences, 2001-2003
Member, Outreach Committee, Board on Human Sciences, 2000-2003
Member, ESCOP, Social Science Advisory Committee, 2001-2002

ADMINISTRATIVE SERVICES TO THE UNIVERSITY:

University of Illinois at Urbana-Champaign

Departmental Advisory Committee, 1982-84
Ad Hoc Curriculum Review Committee, 1982
Chair, Search Committee for Child Development Specialist, 1983
Chair, Search Committee for Gerontology Specialist, 1984
Chair, Search Committee for Prof. of Family Studies, 1989
Chair, Search Committee for Applied Human Development, 1992
Chair, Search Committee for Prevention Specialist, 1993

Ohio State University, Department.

Member, Tenure and Promotion Committee, 1994-1999
Member, Search Committee for HDFS faculty in Family Life Education, 1997
Member, Search Committee for Specialist in Adolescence; Early Childhood, 1997

University of Illinois at Urbana-Champaign, Extension.

Paraprofessional Conference Planning Committee, 1982; 1992, 1993
Public Policy Committee, 1983-84
4-H Family Conference Planning Committee, 1984-85
School Executive Committee, 1987-1990. Vice-Chair, 1989
School Tenure & Promotion Committee, 1989-1990

Ohio State University, Extension.

Co-chair, Strategic Planning committee, Dissemination, 1994-1999
Member, Urban Task Force, 1994-1999
Member, LifeTime Editorial Board, 1996-1998
Co-chair, Extension Department Advisory committee for HDFS, 1996-1999
Co-chair, Critical Issues in Human Development & Family Life Committee, 1994-1999
Member, Strengthening Ohio's Leadership Project, Urban Extension Unit, 1997-1999

University of Illinois at Urbana-Champaign, College.

College, Field Staff Development Committee, 1983-84
College, Computer Advisory Committee, 1984-86
College, CES, Diversity Task Force, Chair, 1991-92
College, Member, Director of School of Human Resources Search Committee, 1993